**1 March**

**David,**

**Bishop of Menevia,**

**Patron of Wales c. 601**

Almighty God, who called your servant David

to be a faithful and wise steward of your mysteries for the people of Wales: in your mercy, grant that, following his purity of life and zeal for the gospel of Christ, we may with him receive the crown of everlasting life; through Jesus Christ our Lord.

Amen.

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**1 March**

**David,**

**Bishop of Menevia,**

**Patron of Wales.**

David, or Dewi, was a monk and a Bishop in the sixth century. He was reputed to be an exemplar of the ascetic, spiritual life but was also highly regarded for his kindness and compassion to others, particularly the poor and sick. He is believed to have founded the monastery at Menevia, now St Davids, and also at least a dozen other monasteries. He is said to have based his Rule for his monasteries on that of the Egyptian desert monks, with a strong emphasis on hard work, abstinence from alcohol and refraining from unnecessary speech. He died in about the year 601 and has been regarded as the Patron Saint of Wales since at least the twelfth century.

*Sourced from ‘Exciting Holiness’*

**Ash Wednesday**

Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all those who are penitent: create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may receive from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord.

Amen.

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